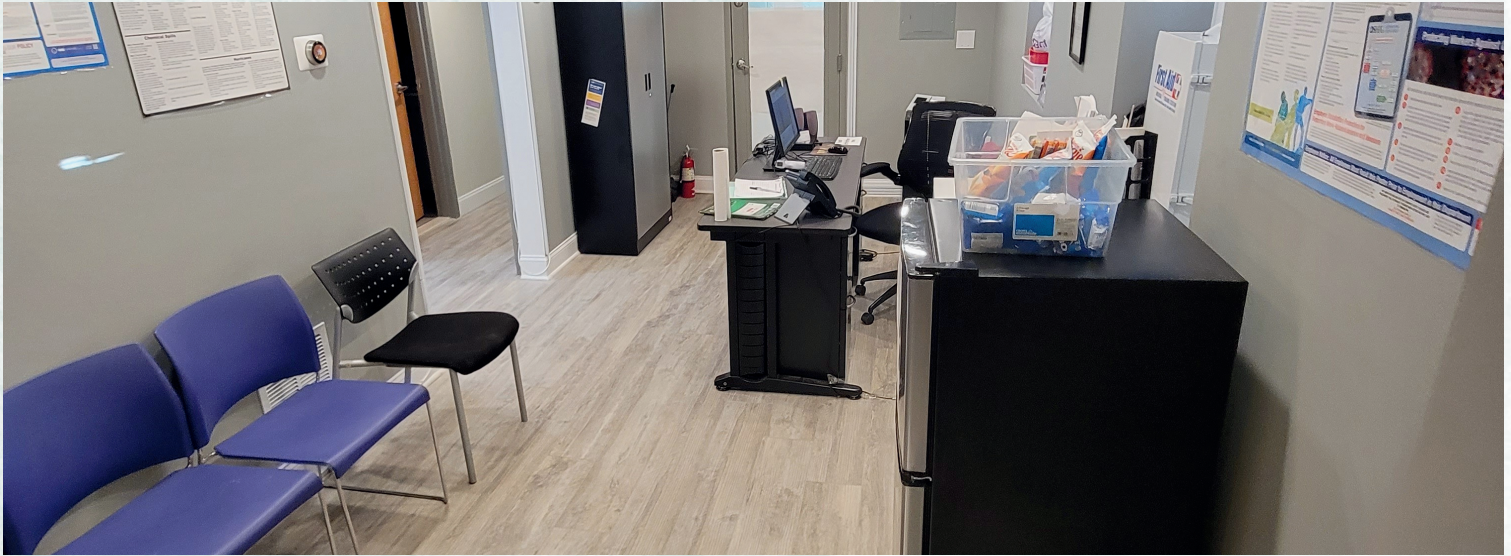




DREAMERS AND ACHIEVERS CENTER NEWSLETTER

OCTOBER - DECEMBER 2023



At Dreamers and Achievers, we're committed to empowering those facing life's challenges. We specialize in life skill training and support for at-risk populations, fostering personal growth, and community engagement with a client-centered approach.

The center is a non-profit organization that serves as a peer run drop-in center where people can come throughout the day for support and resources. Our staff has first-hand knowledge and experience dealing with mental health disorders and substance use/misuse disorders, volunteering at the Adam's Place Shelter, and devoting their lives to uplifting the DC community. Our dream is to improve the quality of life in our community for people affected by mental health disorders, substance misuse disorders, and the unhoused.

We welcome people aged 18 to join in person or via Zoom. All of our groups and activities are free and no insurance is required to attend. Our aim is to create a group that brings about change, and we invite you to be a part of it. Come and join us today!



Group Session Room



Computer Work Station

Hours of Operation

Monday: 9 am - 5 pm
Tuesday: 9 am - 5 pm
Wednesday: 9 am - 5 pm
Thursday: 9 am - 5 pm
Friday: 9 am - 5 pm
Saturday 2nd and 4th Weekend:
10 am - 2 pm



Website
dreamersandachievers.org



Phone
202-763-7904



Address
3109 Martin Luther King Jr. Ave SE, Ste #12
Washington, DC 20032



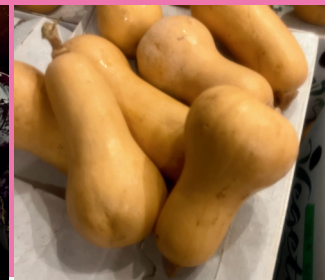
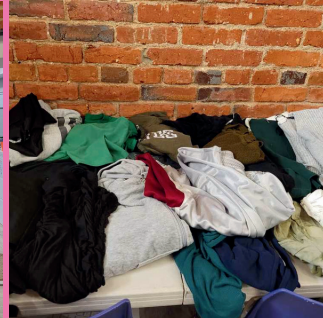
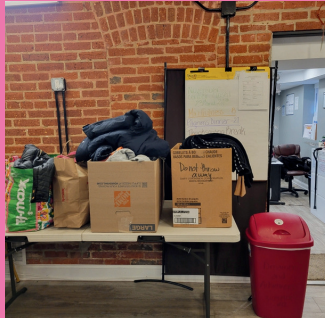
COMMUNITY OUTREACH DONATIONS

Every Contribution Counts

Together, we can dream of a better tomorrow and achieve a healthier, happier community. Thank you for your support.

<https://giv.li/bkxyu8> (Givelify)

https://www.paypal.com/donate?hosted_button_id=GR8XPVLBEFPMG



PARTNERS, DONORS, AND VOLUNTEERS

SUPPORTING DREAMERS AND ACHIEVERS IN 2023 THROUGH PARTNERSHIPS, VOLUNTEER SERVICES, OR DONATIONS.



Infinite Legacy
Giving Life. Restoring Hope.

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3180 Fairview Park Drive, Suite 700 • Falls Church, VA 22042

HOPE CENTER
Behavioral Health ▾ Recovery Support ▾ Primary Care

A WIDER CIRCLE'S
WARD 8 HUB

FOOD RESCUE US
Washington, DC



BLICK
art materials



FreshFarms
Wawa

Operation Moses
Oriental Trading
Costco

FurnishHopeDC

SNPha- Howard University
The Pathway Out to Rightly
Guided Life

KEY EVENTS

COMMUNITY OUTREACH

EVERY WEDNESDAY
FROM 1:00 PM - 3:00 PM

RAISING AWARENESS:
STIMULANTS AND OPIOIDS OVERDOSE
PREVENTION CAN SAVE LIVES

Free for all: prepared foods, bagels, fresh foods, clothing, personal hygiene supplies, and more. (In person only.)

Zoom Group Meetings

<https://us02web.zoom.us/j/834223652>

Free group sessions for anger management, self-care, dealing with anxiety, substance, stimulants, and opioids misuse, mindfulness, and more.

All groups and activities are open to the public 18 and over.

Soon to come to Dreamers and Achievers - Youth Prevention Program.

Please visit dreamersandachievers.org for more information.

Thank you to all of our partners, donors, and volunteers who have worked and supported Dreamers and Achievers in 2023. Without each and every one of you, we would not have been able to make it happen.

thank you